

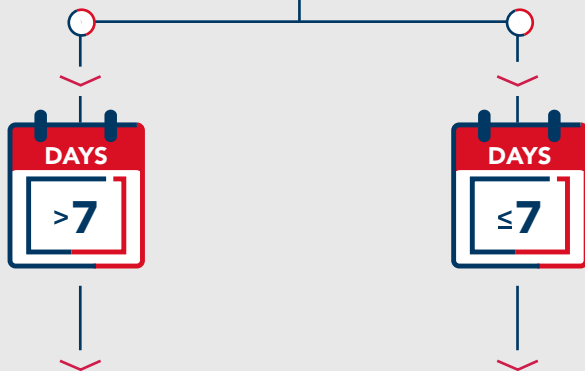
EXACERBATION OF ASTHMA

When to apply to UKAD for a TUE

WHICH OF THESE MEDICATIONS HAVE YOU TAKEN OR BEEN PRESCRIBED?

ORAL PREDNISOLONE

What is the timeframe between administration of last dose and next competition?



A TUE is **NOT** required

- 1 Ask your doctor to complete the **PRE-APPLICATION** checklist
- 2 Submit a TUE application in **ADVANCE** of treatment (unless treatment is urgent)*

SALBUTAMOL

Nebulised
Inhaled more than 600mcg over 8hrs or 1600mcg over 24hrs



Submit a **RETROACTIVE** TUE application as soon as possible after treatment*

*If you receive treatment in A&E or at hospital, make sure to obtain a copy of your drugs chart and all treatment records prior to being discharged



FURTHER INFORMATION

For more information on managing your asthma and anti-doping responsibilities, including top tips on using your reliever inhaler during an asthma attack, please visit the [Medicine & TUE Hub](#) on UKAD's website.



REMEMBER:

Emergency treatment should never be withheld due to anti-doping considerations. Your health is the first and foremost priority and your return to play should be carefully considered by your doctor.